



19th ANNUAL Southern Eastern Great Lakes Competition



February 22-24, 2013
Hosted by the Lincoln Center FSC
Hamilton Center Ice Arena, Columbus, IN

www.lincolncenterfsc.org

Rules/Conduct/Eligibility

The competition is sanctioned by USFS and USFS Basic Skills and will be governed by the rules effective for **the 2012-2013 qualifying competition season**, except as modified in this announcement. Chief Referee: Kathy Slack (937-339-1994). Eligible competitors are current members in good standing of US Figure Skating and shall be eligible to enter events based on their test status (as of January 21, 2013) or compete up one level, but not both. Free Skating events are divided into regular Well Balanced FS events and Competitive Test Track FS events. Competitors may enter FS events in **one or the other, not both**. Please note the qualifications and requirements for each. A minimum of two entries will be required for all flights to be scheduled.

Facility

The competition will be held at Hamilton Center Ice Arena. The ice surface is 85' x 200' with slightly rounded corners. A snack bar, skate shop, and dressing rooms will be made available during the competition. There will be a registration desk located in the lobby where skaters should check in 45 minutes before their event..

Entries

A secure online registration is available until midnight **January 21, 2013** at www.lincolncenterfsc.org or www.entryeeze.com. Skaters who would like to mail a paper entry must do so no later than January 21, 2013. In addition to the completed entry and certification forms, a paper entry must include full payment along with a \$5 processing fee. Checks must be made payable to Lincoln Center FSC. Late entries will be accepted at the discretion of the Lincoln Center FSC and must include a \$20 late fee. A \$25 service charge will be assessed for each returned check. **No refunds will be given after the January 21, 2013 deadline unless the event is cancelled for lack of entries.** Entries where incorrect levels were entered on the application form and changes need to be made will be assessed a \$15 change fee.

Event Fees

First single event.	\$70.00
Additional single events	\$35.00
Solo Dance Series Events	
Combined Dance Event (pattern & free dance)	\$70.00
Solo Pattern dance- as first event	\$70.00
Solo Pattern dance- as an additional event	\$40.00
Basic Skills	\$35.00
Additional Basic Skills Event	\$20.00

Judging System

IJS will be used for the Short Program, Well-Balanced Program, Jumps and Spins events at the Juvenile through Senior levels. The 6.0 system will be used for all other events.

Practice Ice

Skaters who wish to pre-purchase practice ice may do so online or may submit the paper Practice Ice Form with their entry. Separate checks are NOT required. The fee to pre-purchase practice ice is \$10.00 per 20 minute session if arranged prior to the January 21, 2013 date. Skaters who pre-register will need to go online after the entry deadline during the "selection period" to select their practice ice sessions. After the designated "selection period" but before the start of the competition, skaters may go online to purchase practice ice at the regular event rate of \$12.00 per 20 minute session and select from the sessions with remaining availability. Additional practice ice, if space allows, will be sold at the event at the rate of \$12.00 per 20 minute session. Free skate practice ice and dance practice ice will be limited to 20 skaters. Phone or email reservations will not be accepted. Practice ice may begin Thursday, February 21, 2013 (evening).

Event Schedule

A final competition and practice ice schedule will be posted at www.lincolncenterfsc.org approximately 10 days prior to the competition. The competition schedule is set by the referee, and no changes will be made to the schedule once it is announced unless an error has been made by the referee.

Planned Program Content Sheets

Competitors in IJS events are **required** to submit a planned program content sheet. The PPCS is to be completed online by January 21, 2013. Please go to www.usfsoonline.org and follow the instructions to complete your planned program content sheet. Skaters may update their PPCS after the January 21, 2013 deadline.

Registration

The registration desk will be located in the lobby of the arena. The registration desk will be open prior to the first practice ice each day and will close after the last event of the competition each day. An official bulletin board will be maintained with information regarding schedules and important announcements will be at the registration desk. Such announcements shall constitute sufficient notice to competitors, coaches, chaperones and officials. Skaters should arrive at the facility a minimum of one hour before their scheduled skate time and should check in with the ice monitor twenty minutes prior to their event.

Music

All competition music must be turned in at the time of registration. Music must be on CDs, which have been labeled clearly with the skater's name and event marked and only one track per CD. Due to compatibility and reliability reasons no music may be submitted on re-recordable "CD-RW" discs. Competitors must have suitable emergency backup music at **rink side**. Skaters should remember to pick up their music at the registration desk after their event. LCFSC will provide music for Basic Skills and Couple Compulsory Dance Events. Coaches should contact Jenni Cashen at Jennifer.cashen@att.net for copies of the basic skills music. This is new music for the 2013 year.

Awards

Medals will be given to the 1st through 4th places in all events. Ribbons will be given to 5th through 8th place for events through Pre-Juvenile events. Awards presentations will take place immediately following the posting of the results for each event or as early as is possible. Skaters should report to the awards area promptly in competition attire and skates.

Critiques

Individual critiques by one judge along with a technical specialist will be offered to skaters and coaches after each singles free skate event, Juvenile through Senior (excluding Test Track), and a critique by one judge for pairs free skate and couples compulsory dance event. Critiques will also be offered for TOI.

Video

Videotaping services will be available for purchase by Ledin Video. Those interested in videotaping for personal use are required to remain in the bleachers. Electrical outlets may not be used. Absolutely no flash photography is allowed during the competition.

For questions, contact Jenni Cashen at (812) 343-2376 (before 9:30 pm) or Jennifer.cashen@att.net or Carleen Fry at (812) 350-8259 or cfry@columbus.in.gov.

Directions to Hamilton Center Ice Arena

FROM I-65 at US HWY 31 (exit 76)

Follow US Hwy 31 South into Columbus. Continue on US 31 to the intersection at 25th Street. Turn right (west) onto 25th Street. Follow 25th Street to Hamilton Center Ice Arena, which is on the left. FairOaks Mall will be on the right.

FROM I-65 at STATE ROAD 46 (exit 68)

Follow SR 46 East into Columbus. Cross the red 2nd Street bridge using the center lane. At the stoplight, merge onto 2nd Street. Proceed one block to the stoplight at Washington Street and turn left (north). Follow Washington Street to 25th Street, then turn right (east) onto 25th Street. Follow 25th Street to Hamilton Center Ice Arena, which is on the right. FairOaks Mall will be on the left.

Accommodations: The Sleep Inn is the official hotel for the Lincoln Center FSC and is holding rooms for the Columbus Invitational at a rate of \$ 69.99 plus tax for standard rooms (2 queen beds) .

Sleep Inn 2335 Jonathan Moore Pike, Columbus, IN 47201 (812) 372-7200

For more information on Columbus, visit our Visitor's Center website at www.columbus.in.us

Other Area Hotels

At exit #68 off of I-65

Courtyard by Marriott 3888 Mimosas Dr., Columbus, IN (812) 342-8888

Sleep Inn 2335 Jonathan Moore Pike, Columbus, IN 47201 (812) 372-7200

Holiday Inn 2480 Jonathan Moore Pike, Columbus, IN 47201 (812) 372-1541

Days Inn 3445 W Jonathan Moore Pike, Columbus, IN 47201 (812) 376-9951

Hotel Indigo 400 Brown Street, Columbus, IN 47201 (812) 375-9100

Residence Inn 4525 West State Road 46 · Columbus, Indiana 47201 (812) 342-2400

At Exit #76B off of I-65

Hilton Garden Inn 12210 N Executive Dr, Edinburg, IN 812-526-8600

Hampton Inn 12161 N US 31 Edinburg, IN 812-526-5100

Best Western 11780 N US 31 Edinburg, IN 812-526-9883

Comfort 11711 N US 31 Edinburg, IN 812-526-9899

FREE SKATING EVENTS

The following events will be skated on full ice, to music of the skater's choice. Vocal music is permitted for some events as per Rule 4040. Times stated are +/- 10 seconds, unless otherwise stated. Skaters may compete at or one level higher than their current US Figure Skating free skating test level. **Skaters may compete in either a Well-Balanced Program event OR a Test Track event, but not both.**

The Well-Balanced Program events comply with the competition program rules as outlined in the current US Figure Skating rulebook. In general, competitive well-balanced programs contain elements that are more difficult than what is required to pass the test for that level. Juvenile through Senior events will be judged using IJS. Skaters who are at beginner levels or who skate at a level that is closer to the testing requirements for a free skating level may wish to consider Competitive Test Track events (listed on the next page).

WELL-BALANCED PROGRAM EVENTS

Event Name	Description	Time
Senior (IJS)	Skaters may have passed the US Figure Skating Senior Free Skate test. Elements as stated in 4200.	4:00 Ladies 4:30 Men
Junior (IJS)	Skaters may have passed the US Figure Skating Junior Free Skate test and no higher. Elements as stated in 4210.	3:30 Ladies 4:00 Men
Novice (IJS)	Skaters may have passed the US Figure Skating Novice Free Skate test and no higher. Elements as stated in 4220.	3:00 Ladies 3:30 Men
Intermediate (IJS)	Skaters may have passed the US Figure Skating Intermediate Free Skate test and no higher. Elements as stated in 4230. Skaters must be under 18 years of age before 01/23/2012	2:30
Juvenile (IJS)	Skaters may have passed the US Figure Skating Juvenile Free Skate test and no higher. Elements as stated in 4240. Skaters may not exceed 13 years of age before 1/21/2013.	2:15
Open Juvenile (6.0)	Skaters may have passed the US Figure Skating Juvenile Free Skate test and no higher. Elements as stated in 4240. Skaters must be at least 14 years of age by 1/21/2013.	2:15
Pre-Juvenile (6.0)	Skaters may have passed the US Figure Skating Pre-Juvenile Free Skate test and no higher. Elements as stated in 4250.	2:00
Preliminary A (6.0)	Skaters may have passed the US Figure Skating Preliminary Free Skate test and no higher. Elements as stated in 4260. Single jumps only. Axels permitted, NO DOUBLES.	1:30
Preliminary B (6.0)	Skaters may have passed the US Figure Skating Preliminary Free Skate test and no higher. Elements as stated in 4260. Axels and 2 double jumps permitted.	1:30
Pre-Preliminary A (6.0)	May have passed the US Figure Skating Pre-Preliminary Free Skate test and no higher. Elements as stated in 4270 with the following restrictions: single jumps only. No axels.	1:30
Pre-Preliminary B (6.0)	Skaters may have passed the US Figure Skating Pre-Preliminary Free Skate test and no higher. Elements as stated in 4270. Single jumps only. Axels permitted.	1:30
No Test (6.0)	May not have passed any US Figure Skating free skating tests. Elements as stated in 4280. Single jumps only. No axels. <i>Beginner skaters may also wish to consider the following events: Pre-Preliminary Test Track, Beginner Test Track, Limited Beginner Test Track</i>	1:30

SHORT PROGRAM EVENTS

Times stated are maximum times. Skaters may compete at or one level higher than their current US Figure Skating free skating test level. Required elements for this event are specified in the current US Figure Skating rulebook unless otherwise noted.

2012-2013 elements will be utilized

Event Name	Description	Time
Senior Short Program (IJS)	Skaters may have passed the Senior Free Skating test. Required elements as stated in 4200.	2:50
Junior Short Program (IJS)	Skaters may have passed the Junior Free Skating test and no higher. Required elements as stated in 4210.	2:50
Novice Short Program	Skaters may have passed the Novice Free Skating test and no higher. Required	2:30

(IJS)	elements as stated in 4220.	
Intermediate Short Program (IJS)	Skaters may have passed the Intermediate Free Skating test and no higher. Required elements as stated in 4230.	2:00
Juvenile Short Program (IJS)	Skaters may have passed the Juvenile Free Skating test and no higher. Required elements: 1. Axel 2. Jump combination consisting of a double jump and a single jump 3. One single or double jump immediately proceeded by connecting steps 4. Spin in one position (min. 5 revolutions, no change of foot, may fly) 5. Spin combination (with only one change of foot and at least one change of position, minimum of 4 revolutions per foot) 6. One choreographed step sequence that fully utilized the ice surface	2:00
Open Juvenile Short Program	Same Elements as above Open to skaters who are 14 years of age as of 1/21/13	2:00

COMPETITIVE TEST TRACK EVENTS

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but **NOT** both during the Same competition. Competitors will skate to music of their choice, vocal music permitted. The 6.0 judging system will be used for all Test

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element.
- 0.1 for any spin with less than required revolutions.

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
Limited Beginner Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front). <i>Max 2 jump sequences</i> <i>Max 2 of any same jump</i>	<i>Max 2 spins:</i> Two upright spins, no change of foot, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Beginner Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> Two upright spins, change of foot optional, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Pre-Preliminary Test Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> Two spins of a different nature, one position only, no change of foot, not flying entry. (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
Preliminary Test Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one rotation (no Axels). <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot, no flying entry (Min 3 revs) and One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile Test Time: 2:00 +/-10	<i>Max 5 jump elements:</i> Jumps with not more than one rotation (no Axels). <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot (Min 3 revs) and One combination spin: forward camel spin to forward sit spin, change of foot optional (Min 6 revs combined in forward sit and camel positions). Spins may not fly	One step sequence fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile Test Time: 2:15 +/-10	<i>Max 5 jump elements:</i> Any single jumps with not more than 1 ½ rotations (Axel permitted) <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot (Min 4 revs in position) and One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions, (Min 4 revs on each foot) Only solo spin may fly	One step sequence fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate Test Time: 2:30 +/-10	<i>Max 6 jump elements:</i> Any single jumps. Double jumps permitted: double Salchow and double toe loop. <i>Max 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins of a different nature:</i> One must be a flying spin (Min 5 revs), One must be a combination spin with at least one change of foot and at least one change of position (Min 4 revs on each foot).	One step sequence fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Test Time: Ladies 3:00 +/-10 Men 3:30+/-10	<i>Max 7 jump elements for men and 6 for ladies:</i> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a combination spin with at least one change of foot and at least one change of position (Min 5 revolutions on each foot). The other spins are the option of the skater (Min 6 revs) All spins may fly	One step or spiral sequence fully utilizing ice surface. (see rule 4220 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
Junior Test Time: Ladies 3:30 +/-10 Men 4:00+/-10	<i>Max 8 jump elements for men and 7 for ladies:</i> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip. <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a spin in one position (6 revs), one a flying spin (6 revs) and one a combination spin consisting of all three basic spin positions and one change of foot (Minimum 2 continuous revs in each basic position and minimum 5 revs on each foot).	One step sequence fully utilizing ice surface. (See rule 4210 for description)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Test Time: Ladies 4:00 +/-10 Men 4:30+/-10	<i>Max 8 jump elements for men and 7 for ladies</i> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. No triple jumps permitted <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a spin in one position (min 6 revs), one a flying spin (min 6 revs) and one a spin combination consisting of all three basic spin positions and one change of foot (Min 2 continuous revs in each basic position and min 5 revolutions on each foot).	Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. Patterns can be of the same nature. (See rule 4105) Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See charts in rule 4200 for description).	Skaters must have passed at least the U.S. Figure Skating junior free skate test

ADULT WELL-BALANCED PROGRAM EVENTS

Skaters aged 21 and older are eligible to compete in the adult events. Depending on number of entries, competitors may be divided into age categories. Well-balanced program rules apply, as stated in the current US Figure Skating rulebook and here: <http://www.usfigureskating.org/content/AdultSinglesWBPCChart.pdf>

Event Name	Description	Time
Championship Masters Junior-Senior (6.0)	See Rule 4510 for test requirements and elements to be skated.	3:40 max
Adult Gold (6.0)	Skaters may have passed USFS Adult Gold Free Skating test but no higher. No double-double combinations or sequences, double loop, double flip, double lutz, double axel or triple jumps permitted. Required elements as stated in 4570.	2:40 max
Adult Silver (6.0)	Skaters may have passed USFS Adult Silver Free Skating test but no higher. Axel permitted – no doubles. Required elements as stated in 4580.	2:10 max
Adult Bronze (6.0)	Skaters may have passed the US Figure Skating Adult Bronze Free Skate test and no higher. Elements as stated in 4590.	1:50 max
Adult Pre-Bronze (6.0)	Skaters may have passed the US Figure Skating Adult Pre-Bronze Free Skate test and no higher. Elements as stated in 4600.	1:40 max
Adult Beginner (6.0)	Skaters may not have passed any US Figure Skating Free Skating test. No spin above a 1-foot upright spin. ½ rotation jumps, salchow, and toe loop are allowed.	1:40 max

COMPULSORY MOVES (NO MUSIC)

The following events will be skated **on half ice, with no music**, unless otherwise specified. Times stated are maximum times. Skaters must demonstrate all of the required elements listed, in any order. Minimal connecting steps are allowed but will not affect scoring. Elements may not be repeated. Only required elements may be included. Skaters may compete at or one level higher than their current US Figure Skating free skating test level.

COMPULSORY PROGRAM EVENTS

Event Name	Description	Time
Pre-Juvenile Compulsory Program	<ol style="list-style-type: none"> 1. Jump combination consisting of 2 single jumps (axel ok) 2. Lutz 3. Layback or camel spin (min. 3 revolutions) 4. Combination spin, one change of foot , at least one change of position(min. 6 revolutions total) 5. Circular footwork sequence 	1:30
Preliminary Compulsory Program	<ol style="list-style-type: none"> 1. Flip 2. Single/single combination (axel OK) 3. Back upright spin (min. 3 revolutions) 4. Combination spin, no change of foot (min. 4 revolutions) 5. Straight line footwork sequence 	1:30
Pre-Preliminary Compulsory Program	<ol style="list-style-type: none"> 1. Loop jump 2. Single/single combination (no axel, may repeat loop jump) 3. Sit spin or camel spin (min. 3 revolutions) 4. Forward edge spiral (outside or inside) 	1:15
No Test Compulsory Program	<ol style="list-style-type: none"> 1. Salchow jump 2. Jump combination with toe loop (may not include axels or loops) 3. Solo spin: sit spin or camel spin (min 3 revolutions) 4. Forward edge spiral (outside or inside) 	1:15
Beginner Compulsory Program	<ol style="list-style-type: none"> 1. Toe Loop 2. Waltz jump 3. Forward scratch spin 4. Forward spiral 	1:15
Adult Gold Compulsory Program	<ol style="list-style-type: none"> 1.Lutz jump 2.Combination jump with no change of foot between jumps 3.Camel spin (min. 4 revolutions) 4. Combination spin with at least one change of foot 5. Straight line footwork 	1:30
Adult Silver Compulsory Program	<ol style="list-style-type: none"> 1. Loop jump 2. Combination jump with no change of foot between jumps 3. Sit spin (min. 3 revolutions) 4. Combination spin with one change of position (min. 3 revolutions each position) 5. Straight line footwork 	1:30
Adult Bronze Compulsory Program	<ol style="list-style-type: none"> 1. Salchow jump 2. Waltz jump – toe loop combination 3. Sit spin (min. 3 revolutions) 4. Back spin (min. 3 revolutions) 5. Spiral sequence (min. 2 spirals) 	1:30
Adult Pre-Bronze Compulsory Program	<ol style="list-style-type: none"> 1. Backward crossovers (min. 5 consecutive) 2. Waltz jump 3. Toe loop 4. Upright spin (min. 3 revolutions) 5. Forward outside spiral 	1:30
Adult Beginner Compulsory Program	<ol style="list-style-type: none"> 1. Forward crossovers (min. 5 consecutive) 2. Waltz jump 3. Lunge 4. Two foot upright spin 5. Forward spiral 	1:30

SPIN EVENTS

The following events will be skated **on half ice, with no music**. Times stated are maximum times. Skaters must demonstrate all of the required elements listed, in any order. Minimal connecting steps are allowed but will not affect scoring. Elements may not be repeated. Only required elements may be included. Skaters may compete at or one level higher than their current US Figure Skating free skating test level. Juvenile through Senior spins will be marked under IJS.

Event Name	Description	Time
Senior Spins (IJS)	1. Flying spin of choice (min 6 revs) 2. Solo spin of choice (min 6 revs) 3. Combination spin with change of foot and utilizing all three positions (min 2 revs in each position and 6 revs each foot)	1:30
Junior Spins (IJS)	1. Flying sit spin or flying change (reverse) sit spin (min 6 revs) 2. Layback spin [ladies], cross foot spin [men] (min 6 revs) 3. Combination spin with change of foot and utilizing all three positions (min 2 revs in each position and 5 revs each foot)	1:30
Novice Spins (IJS)	1. Solo spin: Camel, sit, or layback (min 6 revs) 2. Camel spin to back camel spin (min. 4 revs each foot in position) 3. Combination spin with change of foot and two changes of position (min 2 revs in each position and 5 revs each foot)	1:30
Intermediate Spins (IJS)	1. Flying camel (min 5 rev) 2. Sit spin to back sit spin (min. 4 revs each foot in position) 3. Combination spin with change of foot and one change of position (min 4 revs each foot)	1:30
Juvenile/Open Juvenile Spins (IJS)	1. Sit spin (min 4 revs) 2. Combination spin with change of foot, change of position optional (min 4 revs per foot) 3. Layback spin [ladies], camel spin [men] (min 4 revs)	1:30
Pre-Juvenile Spins	1. Camel spin (min 3 revs) 2. Camel to sit spin with no change of foot (min 6 revs total) 3. Forward to backward scratch spin (min 3 per foot)	1:30
Preliminary Spins	1. Back upright spin (min 3 rev) 2. Combination spin with no change of foot (min 4 revs total) 3. Forward sit spin (min 3 revs)	1:00
Pre-Preliminary Spins	1. Upright one-foot spin 2. Two-foot spin 3. Sit spin (min 3 revs per spin)	1:00

JUMP EVENTS

The following events will be skated **on half ice, with no music**, except for Juvenile through Senior events, which will be skated on full ice. Times stated are maximum times. Skaters must demonstrate all of the required elements listed, in any order. Minimal connecting steps are allowed but will not affect scoring. Only one attempt per jump is permitted. Elements with * must be preceded by footwork. Juvenile through Senior jumps will be marked under IJS

Event Name	Description	Time
Senior Jumps –full ice, IJS	Double axel; *Double lutz; Combination of any triple or double jumps	1:30
Junior Jumps – full ice, IJS	Double lutz; *Double flip; Double/double combo (2 axel ok)	1:30
Novice Jumps – full ice, IJS	Double loop; *Double flip; Double/double combo (2 axel ok)	1:30
Int. Jumps – full ice, IJS	Axel; *Double loop; Double/single combo (no 2 axel)	1:30
Juvenile/Open Juvenile Jumps – full ice, IJS	Axel; Double salchow; Double/single combination (no 2 axel)	1:30
Pre-Juvenile Jumps	Axel; Single or double jump; Single/single combo (axels ok)	1:15
Preliminary Jumps	Flip; Lutz; Single jump + loop jump combo (axels ok)	1:15
Pre-Preliminary Jumps	Toe Loop; Flip; Combination of any two half or single jumps (no axel)	1:00
Beginner Jumps	Waltz jump; Salchow, Toe Loop	1:00

SHOWCASE EVENTS

The following events will be skated on full ice, to music of the skater's choice. Vocals are permitted. Times stated are maximum times. Costumes and props should complement the music or theme of the program. Props must be hand-held (they cannot be left on the ice). Please refrain from wearing feathers or using "special effects" such as dry ice or liquids. Judging will emphasize creativity, musical interpretation and performance. **Spins and jumps are allowed, but shall not be highlighted and shall only be used to emphasize the artistic quality of the program.**

Skaters placing fourth and higher in Preliminary and higher artistic/showcase solo events including adult events, may be qualified to enter the next National Showcase. For more information, contact Paula Wagener, National Vice Chair for National Showcase at paulawagener58@gmail.com

Event Name	Description	Time
Junior/Senior Showcase (6.0)	Skaters may have passed their Junior Free Skating test or higher. Up to 2 doubles only.	2:40 max
Intermediate/Novice Showcase (6.0)	Skaters may have passed the Intermediate but no higher than the Novice Free Skating test. Up to 1 double jump.	2:10 max
Pre-Juvenile/Juvenile Showcase (6.0)	Skaters may have passed the Pre-Juvenile but no higher than the Juvenile Free Skating test. Single jumps only	2:10 max
Pre-Preliminary/Preliminary Showcase (6.0)	Skaters may have passed no higher than the Preliminary Free Skating test. Single jumps only. No axels.	1:40 max
Beginner Showcase (6.0)	Skaters may have passed no higher than the Pre-Preliminary Free Skating test. Single jumps only. No axels.	1:40 max
Basic Skills 1-8 Showcase (BS)	Skaters may not have passed higher than Basic Skills 8.	1:30 max
Adult Showcase (6.0)	Skaters must be at least 21 years of age and may have passed no higher than the Adult Bronze Free Skating test. Single jumps only. No axels.	1:40 max

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

All Basic skills events will be held on Sunday, Feb. 24, 2013

Each skater will perform each element when directed by a judge or referee OR have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

<p>Snowplow Sam 1-3:</p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<p>Basic 5:</p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 4-6 consecutive - both directions 3. Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions 4. Side toe hop -either direction 5. Hockey stop
<p>Basic 1</p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<p>Basic 6:</p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p>Basic 2</p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot 3. Moving snowplow stop 4. Two foot turn in place- forward to backward 5. Backward two foot swizzles 6 - 8 in a row 	<p>Basic 7:</p> <ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p>Basic 3</p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Forward slalom 4. Backward one foot glide - either foot 5. Two foot spin – minimum three revolutions 	<p>Basic 8:</p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka - either direction 4. 1 Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions
<p>Basic 4</p> <ol style="list-style-type: none"> 1. Standstill forward outside three-turn - R & L 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 4-6 consecutive both directions 4. Backward stroking - 4-6 strokes 5. Backward snowplow stop - R or L 	

**BASIC PROGRAM EVENT with compulsory music:
SNOWPLOW SAM – BASIC 8**

All Basic skills events will be held on Sunday, Feb. 24, 2013

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on half ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p>Snowplow Sam 1-3:</p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p>Basic 5:</p> <ol style="list-style-type: none"> 1. Backward crossovers 4-6 consecutive in both directions 2. Basic one-foot spin – free leg held to side of spinning leg - minimum three revolutions 3. Side toe hop -either direction 4. Hockey stop
<p>Basic 1</p> <ol style="list-style-type: none"> 1. Forward two foot glide and dip 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p>Basic 6:</p> <ol style="list-style-type: none"> 1. Standstill forward inside three-turn - R & L 2. Bunny Hop 3. Forward spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p>Basic 2</p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place- forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot 5. Moving snowplow stop 	<p>Basic 7:</p> <ol style="list-style-type: none"> 1. Standstill forward inside open Mohawk - R to L and L to R 2. Ballet Jump- either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p>Basic 3</p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Forward Slalom 4. Backward one foot glide- either foot 5. Two foot spin – minimum three revolutions 	<p>Basic 8:</p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three-turns R & L 2. Waltz jump 3. Mazurka in either direction 4. 1 Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions
<p>Basic 4</p> <ol style="list-style-type: none"> 1. Forward crossovers 4-6 consecutive both directions 2. Standstill forward outside three- turn - R & L 3. Backward stroking - 4-6 strokes 4. Backward snowplow stop - R or L 	



Solo Dance National Solo Dance Series Competition

Solo Pattern Dance: **This event is a part of U.S. Figure Skating's National Solo Dance Series. If you are not a registered U.S. Figure Skating Solo Dance Series participant for this season, you may still compete in this event.**
The solo pattern dance competitors will compete two dances at each level, with the result from both dances being combined to create a final, overall result. Points will be awarded based upon this combined, overall final result.

Level	Fees	Dances (Number of patterns will be in accordance to the current rulebook)	Testing Requirement
Preliminary	\$70 as first event \$40 as additional event	Dutch Waltz Canasta Tango	No test or passed Preliminary
Pre- Bronze	\$70 as first event \$40 as additional event	Cha-Cha Fiesta Tango	Passed Preliminary or Pre-Bronze
Bronze	\$70 as first event \$40 as additional event	Willow Waltz Hickory Hoedown	Passed Pre-Bronze or Bronze
Pre-Silver	\$70 as first event \$40 as additional event	Foxtrot Fourteenstep	Passed Bronze or Pre-Silver
Silver	\$70 as first event \$40 as additional event	Silver Tango Rocker Foxtrot	Passed Pre-Silver or Silver
Pre-Gold	\$70 as first event \$40 as additional event	Blues Paso Doble	Passed Silver or Pre- Gold
Gold	\$70 as first event \$40 as additional event	Vienesese Waltz Quickstep	Passed Pre-Gold or Gold

For more information, see:

<http://www.usfigureskating.org/content/2013%20Solo%20Pattern%20Dance%20Information%20%28webpage%29.pdf>

COMBINED DANCE EVENT

The combined dance event is comprised of the following: 1.) Two solo pattern dances (selected by U.S. Figure Skating) and a solo Free Dance. Their combined results of both pattern dances and the free dance will be combined to create an overall final result, with points awarded on this overall final point standing. The pattern dances competed in the Combined Dance event is separate from those in the solo pattern dance event and the results will not count towards the solo pattern dance event or results. This event's entry fee is \$70 (no matter if it is a first event or an additional one).

Level	Pattern Dances	Free Dance Time Length	Testing Requirement
Juvenile	Tenfox Fourteenstep	1:40 +/- 10 seconds	At least preliminary and no higher than pre silver and/or juvenile solo free dance
Intermediate	Tango American Waltz	2:00 +/- 10 seconds	At least bronze and no higher than pre gold and/or intermediate solo free dance
Novice	Paso Doble Starlight Waltz	2:10 +/- 10 seconds	At least one silver dance and no higher than gold and/or novice solo free dance
Junior	Blues Quickstep	2:20 +/- 10 seconds	At least two pre gold dances but not completed gold dances and/or junior solo free dance
Senior	Silver Samba Yankee Polka	2:30 +/- 10 seconds	At least gold dance test and/or senior solo free dance

**** GRANDFATHER CLAUSE FOR COMBINED EVENT:**

Any skater who has passed a solo free dance test prior to November 20, 2012, may skate at the level in which they qualify based upon their pattern dance test level requirements. All skaters must compete at their test level or one level above their highest completed dance test. The determination of level will be based upon test level at the 2013 Series entry deadline of March 8, 2013 and/or when the skater submits their registration to be a solo dance series participant, which ever date is earliest. Adult pattern dance, adult solo pattern dance, adult free dance, master's dance, master's free dance and master's solo pattern dance do not fulfill the testing requirements for any events within the 2013 Solo Dance Series.

For more information, see:

<http://www.usfigureskating.org/content/2013%20Solo%20Dance%20Series%20Combined%20Event%20Information%20%28webpage%29.pdf>

**2013 Southern Eastern Great Lakes Competition
February 22-24, 2013**

Enter online at www.lincolncenterfsc.org

Competitor's Last Name:		First Name:		USFS #:	
Address:					
City:			State:	Zip:	Phone: ()
Competitor's Club:		Date of Birth:	Age:		Sex:
FS Test Passed:		Dance Test:			
Skater's Email:					
Primary Coach's Last Name:			Primary Coach's First Name:		
Primary Coach's Email:				Coach's USFS#:	
Coach's Primary Phone: ()					

Well Balanced Free Skate Events	Test Track Free Skate Events	Short Programs	Compulsory Moves	Spins
Senior	Senior TT	Senior	Pre Juvenile	Senior
Junior	Junior TT	Junior	Preliminary	Junior
Novice	Novice TT	Novice	Pre Preliminary	Novice
Intermediate	Intermediate TT	Intermediate	No Test	Intermediate
Juvenile	Juvenile TT	Juvenile	Beginner	Juvenile
Open Juvenile	Pre Juvenile TT	Open Juvenile	Adult Gold	Pre Juvenile
Pre Juvenile	Preliminary TT		Adult Silver	Preliminary
Preliminary A	Pre Preliminary TT	Jumps	Adult Bronze	Pre Preliminary
Preliminary B	Beginner TT	Senior	Adult Pre Bronze	
Pre Preliminary A	Limited Beginner TT	Junior	Adult Beginner	Showcase
Pre Preliminary B		Novice		Junior/Senior
No Test		Intermediate		Interm/Novice
Championship Masters		Juvenile		Pre Juvenile/Juvenile
Adult Gold		Pre Juvenile		Pre Prel/Preliminary
Adult Silver		Preliminary		Beginner
Adult Bronze		Pre Preliminary		Basic Skills 1-8
Adult Pre Bronze		Beginner		Adult
Adult Beginner				

Solo Pattern Dance	Solo Dance Combined Event	Basic Skills Elements	Basic Skills Programs
Preliminary	Juvenile	Snowplow Sam	Snowplow Sam
Pre Bronze	Intermediate	Basic 1	Basic 1
Bronze	Novice	Basic 2	Basic 2
Pre Silver	Junior	Basic 3	Basic 3
Silver	Senior	Basic 4	Basic 4
Pre Gold		Basic 5	Basic 5
Gold		Basic 6	Basic 6
		Basic 7	Basic 7
		Basic 8	Basic 8

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Entry Fees
All fees are per skater (unless otherwise noted)

First Event any level Free Skating, Short Program, Compulsory Moves, Dance, Spins, Jumps and Showcase:	\$70.00	=	
Additional Single (not solo dance)Events:	\$35.00 Each	=	
Solo Dance Combined Event	\$70.00	=	
Solo Dance Additional Event	\$40.00 Each	=	
Basic Skills Events Only: Basic Skills Additional Event:	\$35.00 \$20.00	=	
Late fee (if application is postmarked after 1/21/13 and accepted) (No Metered Mail Accepted)	\$20.00	=	
Paper form Processing Fee:	\$ 5.00	=	
Make checks payable to: Lincoln Center FSC Mail to: Jenni Cashen, 1187 Emerald Lakes Dr. #206, Greenwood, IN 46143	Total	=	

Authorization by Club Officer

I hereby approve the entry of _____ (skater's name) into the 2013 SEGL Competition. I further certify that he/she is a member in good standing of our club and has passed the appropriate tests to skate the events entered.

Club Officer:	
Signature:	
Title: (Pres., VP, Secretary, Treasurer or Test Chair Only)	Phone # ()
Club (No abbreviation Please):	

Authorization by Competitor and Parent/Guardian

I, _____, am an eligible skater, under the rules of United States Figure Skating, to enter the above events. I agree to hold harmless US Figure Skating, the Lincoln Center FSC, and Hamilton Center Ice Arena from any loss, damages and /or injury that may be sustained in any manner while participating in any activities of this competition. I agree to abide by the US Figure Skating Code of Conduct.

I understand no refunds will be given for any reason. I understand a \$25.00 charge for returned or stop payment check will be assessed.

Competitor's Signature:	Date:
Parent/Guardian's Signature: (If competitor is under age 18)	Date:

Authorization by Primary Coach

I have reviewed and approve the entry of this skater in the indicated events.

Coach's Name:	
Coach's USFS #:	Email:
Coach's Signature:	Date:
Coach's Phone # ()	

PLANNED PROGRAM SHEETS must be submitted by January 21 on the USFS website, usfigureskating.org

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BS Approval # 39593

**WISH YOUR SKATERS LUCK WITH AN AD
IN THE OFFICIAL EVENT PROGRAM!**

Enclose check for \$10 to Lincoln Center FSC. Limit of 15 words.

SKATER: _____

MESSAGE: _____

PRACTICE ICE FORM

Name: _____

Phone #: _____ e-mail: _____ Club/Rink: _____

Last USFS Level Passed: FS _____ Moves _____ Dance _____ Basic Skills Level _____

Coach Name: _____

Coach Email: _____ Coach Phone: _____

Practice ice sessions are 20 minutes in length. The fee when purchased prior to the January 21 deadline is \$10.00 per 20 min. session. If space allows, the walk-on fee for a 20 min. ice session without a reservation is \$12.00. Please indicate below the number and type of practice session that the competitor desires. Moves in the Field, Spins, Jumps, Compulsory Moves and Showcase will be included in the Free Skating practice. Practice ice sessions may be cancelled if an insufficient number of reservations are received.

Free Skating Session: Level _____ # of sessions _____
Basic Skills Session: Level _____ # of sessions _____ (1 maximum)
Dance Session: Level _____ # of sessions _____

Notes – list events entered here:

Total # Sessions _____ **X \$10.00 = \$** _____

Reservations without payment will not be recognized. Reservations will not be accepted by phone or email. Competition practice ice will be posted on website.

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